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Benadryl

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Benadryl is a medication you can take for allergic reactions.

Benadryl is generally safe for anyone to take, but beware that it can cause drowsiness.

FOR ADULTS:

Benadryl usually comes in a 25mg or 50mg pill. You can also find equivalent non-brandname versions of Benadryl ("diphenhydramine") that are usually less expensive.

Adults can take up to 50mg of Benadryl every 6 hours, as needed:

- *i.e. take ONE of the 50mg tablets every 6 hours.*
- *or, TWO of the 25mg tablets every 6 hours.*

FOR CHILDREN:

Children's doses are based on their weight. Be sure you know your child's weight.

Children's Benadryl usually only comes in a liquid form:

"Children's Benadryl Liquid" – contains 6.25mg of Benadryl per 5ml.

The doses recommended on the package is usually *less than* your child can actually take.

THE PROPER DOSE FOR BENADRYL IN CHILDREN IS:

- 1mg per kilogram body weight every 6 hours as needed.
- Up to a maximum of 50mg per dose.

***** [CLICK HERE TO FIND OUT HOW MUCH BENADRYL YOU CAN GIVE YOUR CHILD](#) *****

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